

COMPILED REPORT FOR THE MONTH OF OCTOBER 2023

WORLD HEART DAY

DATE: 3rd October 2023

TIME: 1 pm to 4pm

VENUE: Security office SKNMC and GH, Narhe, Pune.

NO OF PARTICIPANTS: 40 for health checkup, 35 at the time of role play.

THEME: "Use Heart, Know Heart".

ACTIVITY: Role play and health checkup for security guards.

Medical Surgical Nursing department of SCON organized World heart day celebration at SKNMC & GH Campus. The program was started with introduction of World Heart Day, followed by welcome address then health check up of security guards was carried out in which blood pressure, height, weight & BMI was monitored. In that we noted some of them having hypertension & were on regular treatment. 2nd years M Sc students performed role play after health checkup to create awareness among the people about cardiovascular diseases and sudden cardiac events to prevent cardiovascular deaths. At the end student gave health education on "how to keep heart healthy" to the group. The program was declared complete after collecting Feedback.

INTERNATIONAL DAY FOR OLDER PERSONS

DATE: 04/10/23

TIME: 02.00 pm -3:30pm

VENUE: Lecture Hall 04

THEME: 2023-"Fulfilling the promises of the Universal Declaration of Human Rights for Older Persons".

International Day for Older persons was celebrated by Department of Community Health Nursing (SCON). Program started with brief introduction and welcome of the students and the lecture cum discussion on the theme. E- poster competition arranged for students, this Competition was open for all the students of Sinhgad college of Nursing. At the end the E-poster competition winners was announced and was felicitated with the certificate. All participants were given an e certificate. All E- posters were displayed on screen for the students to see and get motivated for the other competitions. At the end of the program the vote of thanks was given.

ORIENTATION PROGRAM AND PARENT –TEACHER MEET

DATE: 03/10/2023

TIME: 9 am to 1pm

VENUE: Lecture hall No. 4, 5th floor Medical College

NO. OF STUDENTS PRESENT: 38students

NO. OF PARENTS PRESENT: Parents of 35 students

An orientation program for newly admitted Nursing students and their parents was held on October 3, 2023, at the Medical College. The program aimed to acquaint students with the institute, course, and professional etiquette. Thirty-eight students and thirty-five parents attended the program, which covered topics such as introductions to departmental teachers, regulatory authorities, course details, rules and regulations, and student associations. The program also addressed internal complaints and provided a platform for students and parents to clarify doubts and receive guidance. Overall, the program was well-received, and students and parents expressed satisfaction with the orientation.

LECTURE SERIES ON “ADOLESCENT HEALTH: A CAUSE OF CONCERN”

DATE: - 27/09/2023

VENUE: III Sem Classroom, Sinhgad College of Nursing, Pune

TIME: - 1PM to 4:00PM

SESSION: - Lecture Series

TOTAL NUMBER OF PARTICIPANTS: 50

Sinhgad College of Nursing organized a lecture series on "Adolescent Health: A Cause of Concern" on September 27, 2023, in collaboration with the Department of Preventive and Social Medicine. The event aimed to improve knowledge and understanding of adolescent health issues, promote awareness, and equip nursing students to address these concerns. Fifty participants attended the lecture series, which featured sessions on government schemes, health problems, medical management, and lifestyle. The event was deemed successful, with students finding the sessions knowledgeable.

SCHOOL HEALTH PGOGRAMME REPORT

DATE: 10th October to 12Th October 2023

TIME: 8:00 Am to 4:00 Pm

VENUE: DSK Group of schools, Dhayari, Pune

PARTICIPANTS: Students: 1357, Faculty: 20

Sinhgad College of Nursing and Sinhgad Dental College organized a School Health Programme at DSK Group of Schools, Dhayari, Pune from October 10-12, 2023. The program assessed the health of 1357

school children, providing comprehensive health check-ups, dental assessments, and health education. The assessments revealed various health concerns, including nutritional issues, dental problems, and menstrual health concerns. The program aimed to promote health awareness and provide early interventions for potential health issues.

REPORT ON WORLD MENTAL HEALTH DAY

DATE: 9th October 2023- 13th October 2023

VENUE: Lecture Hall No. 2, Sinhgad College of Nursing, Medicine OPD, SKNMC & GH

NO. OF PARTICIPANTS: 50+10

Sinhgad College of Nursing celebrated World Mental Health Day from October 9-13, 2023, with the theme "Mental health is a universal human right." The event included lectures, e-surveys, quizzes, and counseling sessions to raise awareness and reduce stigma around mental health. Over 50 participants, including students and patients, benefited from the program, which emphasized promoting mental health, protecting human rights, and addressing challenges in mental illness.

GLOBAL HANDWASHING DAY

DATE: 12/10/23

TIME: 02.00 pm -3:30pm

VENUE: DSK School Dhayari Pune, SINHGAD COLLEGE OF NURSING, PUNE.

THEME: 2023 "Clean hands are within reach."

Sinhgad College of Nursing, Department of Community Health Nursing Organized Celebration of the Global Hand washing Day with the role play, health education, and demonstration of hand washing techniques to the school children of DSK School. The Program started with the introduction and welcome of the delegates and school children after that Role play on hand washing was done by First Year M.Sc. Nursing students and organizers has shown the hand washing steps on Gung-Num Style song, At the end of the programme vote of thank was proposed by Mr. Sanchit Wagh.

WORLD IODINE DEFICIENCY PREVENTION DAY

DATE: 30th October 2023

TIME: 9.30 am to 10.30 am

VENUE: Pediatric Medicine Ward (SKNMC & GH)

NO. OF PARTICIPANTS: 20

The Child Health Nursing department celebrated World Iodine Deficiency Prevention Day on October 30, 2023, at the Pediatric Medicine Ward. Third-year Nursing students organized a program, including health teaching and a video display, to raise awareness about iodine deficiency prevention among parents of pediatric patients. The interactive session covered causes, signs, symptoms, daily iodine requirements, and preventive measures, and received positive feedback from the participants.

DUSSEHRA CELEBRATION

DATE: 23rd October 2023

TIME: 11.00 TO 12.00 PM

VENUE: Sinhgad College of Nursing, Pune. Admin office

NO. OF TEACHING AND NON-TEACHING STAFF: 40

Sinhgad College of Nursing celebrated Dussehra on October 23, 2023, with a festive program. The event began with a pooja ceremony led by Principal Dr. Jyoti V Naikare, followed by refreshments and a joyful atmosphere. The celebration symbolized the triumph of good over evil, and all teaching and non-teaching staff participated, dressed in traditional attire. The program concluded with blessings and a positive environment.

MERI MATI MERA DESH "AZADI KA AMRUT KALASH"

DATE: 31/10/2023

VENUE: New Delhi

TIME: 9am to 6pm

SESSION: Azadi ka Amrut Kalash

TOTAL NUMBER OF PARTICIPANTS: 20

The "Meri Maati Mera Desh" campaign's second phase, "Azadi Ka Amrut Kalash," culminated on October 31, 2023, in New Delhi. Mr. Salve Dhiraj, Program Officer at Sinhgad College of Nursing, represented MUHS Nashik University at the event. The program included a speech by Prime Minister Narendra Modi emphasizing unity and honoring soldiers who sacrificed their lives for the country. The event was well-organized, and participants appreciated the experience, including meeting the Prime Minister and learning about the importance of soldiers' sacrifices.